

ACCESS TO COMPANY OR OTHER SUPPORT HELPLINES FOR SEAFARERS



Companies which have their own employee support helplines are encouraged to remind their seafarers of how they can access these if necessary over the holiday period.

Additionally, the organisations listed below provide different useful services, including emotional support, and most are available 24 hours a day.

International and regional helplines are available for seafarers wishing to talk to someone wherever they are in the world. Please encourage your seafarers to feel free to contact the helplines below for guidance or support.

SeafarerHelp	24/7 multilingual and confidential helpline for seafarers' and their family - emotional support and practical help http://www.seafarerhelp.org/
Nautilus 24/7	24/7 multilingual help available to Nautilus members https://www.nautilusint.org/en/assistance/nautilus-247/
NUSI Sahara	24/7 psychological support for Indian seafarers and their family https://www.nusi.org.in/activities/360-nusi-counselling-helpline-for-seafarers-and-their-families.html
AMOSUP	24/7 psychological support for Filipino seafarers and their family +63 2 3310 6641 +63 2 8527 8116 to 20 (local 2061) http://www.amosup.org.ph
SAIL	British seafarers – help with benefits, debt and housing http://sailine.org.uk/
Seafarer Support	Central source of information on maritime charities support for seafarers and their families https://seafarerssupport.zendesk.com/hc/en-gb
Seafarer Hospital Society	24/7 online confidential advice and support service for all working and retired seafarers and families for seafarers in the UK https://seahospital.org.uk/mental-health-and-wellbeing-2/
Mission to Seafarers Chat to a Chaplain	24/7 MtS & ICMA chaplains available to talk https://www.missiontoseafarers.org/news/the-mission-launches-a-digital-chaplaincy-support-service-for-seafarers
Sailors Society Wellness at Sea	Emergency COVID-19 helpline https://wellnessatsea.org/helpline/
Sailors Society India	Helpline for Indian seafarers and their families https://www.sailors-society.org/news/sailors-society-launches-dedicated-24-hour-helpline-for-indian-seafarers#:~:text=Anyone%20in%20need%20of%20assistance,the%20helpline%20are%20strictly%20confidential.
DSM.care	24/7 online service to chat with a DSM chaplain https://dsm.care/
Danish Seaman's Church	Chaplains available for a chat https://samtalertilsoes.dk/page/7/samtaler-til-s%C3%B8s
Stella Maris	To call Catholic chaplains worldwide for a chat https://www.stellamaris.org.uk/contact-us/chaplains-list/

#seafarersdeliveringchristmas

Together we can make Christmas 2020 and other seasonal festivities special!