

When outside observe the following to protect yourself and others:



PRACTICE good hygiene



AVOID touching surfaces with fingertips and the front of your hand



AVOID eating undercooked food



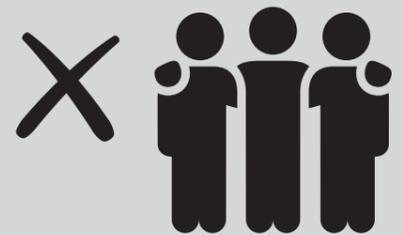
AVOID animal contact



AVOID contact with people with symptoms



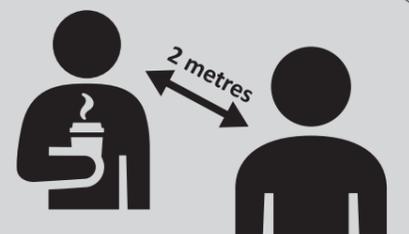
AVOID close contact with other people



AVOID physical contact



MAINTAIN a safe social distance of more than 2 metres



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